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# Cellular DNA Fragmentation ELISA

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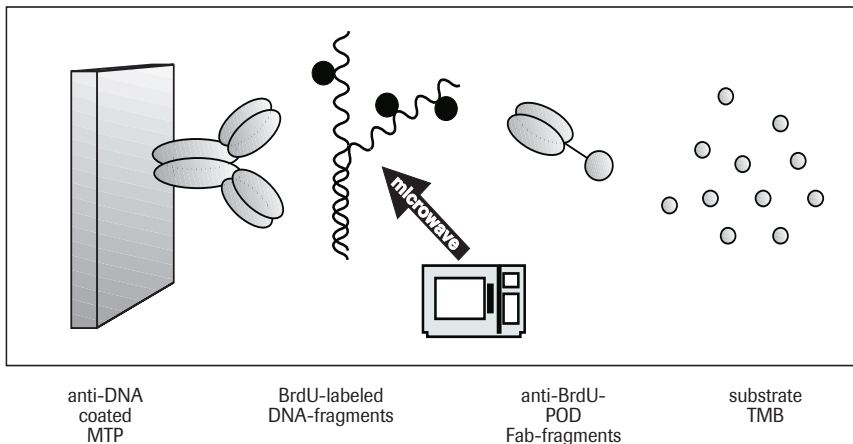
 **Version 10**

Content version: April 2016

Photometric Enzyme-Linked ImmunoSorbent Assay (ELISA) for the detection of BrdU-labeled DNA fragments in cell lysates or in cell culture supernatants. A non-radioactive alternative to the [<sup>3</sup>H]-thymidine release assay, the [<sup>3</sup>H]-thymidine based DNA fragmentation assay, and the [<sup>51</sup>Cr]-release assay.

**Cat. No. 11 585 045 001**

1 Kit for 500 tests



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## 1. Introduction

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### Product description

- The **Cellular DNA Fragmentation ELISA** is a photometric enzyme-linked immunosorbent assay (ELISA) for the detection of BrdU-labeled DNA fragments in culture supernatants and cell lysates.
- 5'-**Bromo-2'-deoxy-uridine** (BrdU) is used as a metabolic labeling agent by the nuclear DNA of target cells. This BrdU-labeled DNA can be detected easily and quantified using a monoclonal antibody against BrdU (1-2) in an ELISA (3-5).
- This kit is a non-radioactive alternative to the [<sup>3</sup>H]-thymidine release assay, the [<sup>51</sup>Cr]-release assay, and the [<sup>3</sup>H]-thymidine DNA fragmentation assay.

**Please note:** 0,01% 2-Methylisothiazolone (MIT) is used as preservative.

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### Number of tests

500 tests

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### Application

The Cellular DNA Fragmentation ELISA is used to determine cell death as key parameter in a wide variety of cell biological studies.

The assay may be applied to:

- measure **apoptotic cell death** by detection of BrdU-labeled DNA fragments in the cytoplasm of affected cells,
  - measure **cell-mediated cytotoxicity** by detection of BrdU-labeled DNA fragments released from damaged target cells into the culture supernatant,
  - **characterize the type of cell death** by performing kinetics and detection of BrdU-labeled DNA fragments in the cytoplasm of apoptotic cells as well as in the cell culture supernatant released from necrotic cells or at late stages of apoptosis.
- 

### Stability

The unopened kit is stable at +2 to +8°C until the control date printed on the kit.

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### Quality control

The kit is function tested on HL60 or U937 cells after induction of apoptosis by camptothecin.

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### Advantages

- **Accurate:** results correlate to data obtained with the [<sup>3</sup>H]-thymidine-based DNA fragmentation assay, [<sup>3</sup>H]-thymidine- and [<sup>51</sup>Cr]-release assays
  - **Sensitive:** more sensitive than the [<sup>3</sup>H]-thymidine-based DNA fragmentation assay and as sensitive as the [<sup>3</sup>H]-thymidine- and [<sup>51</sup>Cr]-release assays
  - **Fast:** ELISA format allows processing of a large number of samples
- 

### Caution

The following reagents, which are recommended in this document, are toxic or corrosive and should be handled with care:

- **5'-bromo-2'-deoxy-uridine**
  - **TMB**
  - **H<sub>2</sub>SO<sub>4</sub>**
  - **NaOH**
  - **HCl**
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## 2. Background Information

### Cell Death: Apoptosis, Necrosis, and Cell-mediated Cytotoxicity

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#### Introduction

Cell death can occur by two quite different mechanisms: **apoptosis** and **necrosis**. **Cell-mediated cytotoxicity** by cytotoxic T lymphocytes (CTL) and natural killer (NK) cells shows features of both mechanisms (6-7).

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#### Apoptosis

Apoptosis (or programmed cell death) is the most common form of eukaryotic cell death (8).

It is a biological suicide mechanism preserving homeostasis and is essential in many physiological processes, such as embryogenesis, maturation of the immune system, or development of the nervous system (9-10).

The main characteristics are (11):

- Prelytic, non-random mono- and oligonucleosomal length fragmentation of DNA ("ladder" pattern after agarose gel electrophoresis)
  - Formation of membrane-bound vesicles ("apoptotic bodies")
  - Cell shrinkage due to condensation of cytoplasm
- 

#### Necrosis

Necrosis is also called pathological cell death because it occurs after cells have been exposed to extreme physiological conditions (*e.g.*, hypothermia) or is evoked by agents like complement or lytic viruses.

*In vivo* necrotic cell death is often associated with extensive tissue damage resulting in an intense inflammatory response (12).

The main characteristics are (11):

- Swelling of organelles and of the cells, resulting in cell lysis due to loss of membrane integrity
  - Postlytic DNA fragmentation
  - Random digestion of DNA (DNA smear after agarose gel electrophoresis)
- 

#### Cell-mediated cytotoxicity

Cells of the immune system such as CTLs, NKs, or LAKs (lymphokine-activated killer cells) can recognize and destroy damaged, infected, and mutated target cells.

Two possible cytotoxic mechanisms are involved:

- apoptosis
- lytic mechanism by which lytic molecules (*e.g.*, perforin) are secreted by the effector cell and polymerize to form lytic pores in the target cell membrane.

The mechanisms are not mutually exclusive, but complementary (6-7).

The main characteristic is:

- The fragmented DNA is released from the cytoplasm into the culture supernatant due to pore formation in the target cell plasma membrane.
-

### 3. Principle of the assay and possible application

#### Principle of the assay

Cells proliferating *in vitro* are incubated with the non-radioactive thymidine analogue BrdU, which is incorporated into the genomic DNA.

BrdU-labeled DNA fragments are released from the cells

- into the cell cytoplasm during apoptosis,

or

- into the cell culture supernatant during cell-mediated cytotoxicity.

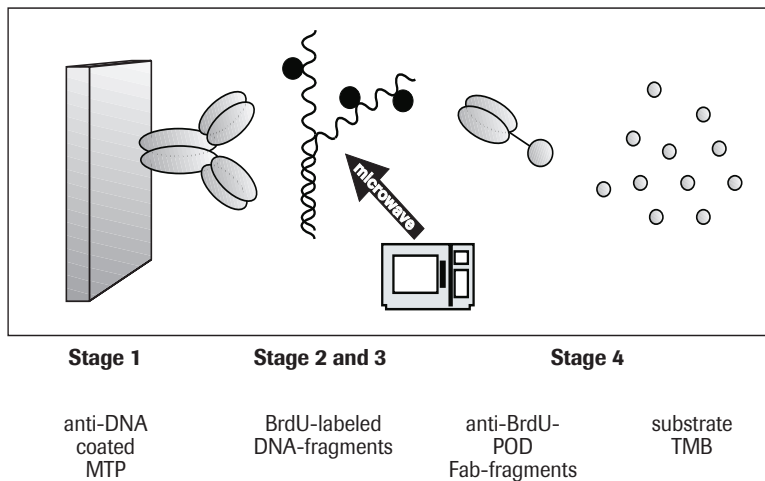
These DNA fragments are detected immunologically by the ELISA technique using

- an anti-DNA-antibody bound to the MP to capture the DNA fragments,

and

- an anti-BrdU-antibody-POD conjugate to detect the BrdU contained in the captured and subsequently denatured DNA fragments.

#### Diagram



**Fig.1:** Principle of the assay

### 3. Principle of the assay and possible application, continued

Stage	Description										
1	Coating of the MPs with anti-DNA antibody and blocking of non-specific binding sites ( <i>section 7.1</i> ) <sup>1)</sup>										
2	Labeling of the cells with BrdU ( <i>section 6.7</i> )										
3	Options and possibilities: <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 30%;">If you want to...</th> <th>then...</th> </tr> </thead> <tbody> <tr> <td>characterize <b>the type of cell death</b> occurring</td> <td>set up a kinetics assay and/or look for the appearance of DNA fragments in the culture supernatant as well as in the cytoplasm (<i>section 6.2</i>)<sup>1)</sup></td> </tr> <tr> <td>measure <b>apoptosis</b></td> <td>look for appearance of DNA fragments in the cytoplasm only (<i>section 6.3</i>)<sup>1)</sup></td> </tr> <tr> <td>measure <b>cell-mediated cytotoxicity</b></td> <td>look for appearance of DNA fragments in the supernatant released from dead target cells (<i>section 6.4</i>)<sup>1)</sup></td> </tr> <tr> <td>perform a <b>positive control</b></td> <td>solubilize the genomic DNA by endogenous nucleases or by NaOH treatment (<i>section 6.5</i>)</td> </tr> </tbody> </table>	If you want to...	then...	characterize <b>the type of cell death</b> occurring	set up a kinetics assay and/or look for the appearance of DNA fragments in the culture supernatant as well as in the cytoplasm ( <i>section 6.2</i> ) <sup>1)</sup>	measure <b>apoptosis</b>	look for appearance of DNA fragments in the cytoplasm only ( <i>section 6.3</i> ) <sup>1)</sup>	measure <b>cell-mediated cytotoxicity</b>	look for appearance of DNA fragments in the supernatant released from dead target cells ( <i>section 6.4</i> ) <sup>1)</sup>	perform a <b>positive control</b>	solubilize the genomic DNA by endogenous nucleases or by NaOH treatment ( <i>section 6.5</i> )
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4	Determine the quantity of DNA fragments in the sample by ELISA and photometric determination with TMB as substrate ( <i>section 7.2</i> )										

<sup>1)</sup> Possible stopping points

### 4. Assay characteristics

<b>Sample material</b>	Culture supernatant and cytoplasmic lysates of cells containing DNA metabolically prelabeled with BrdU ( <i>e.g.</i> , cell lines and other <i>in vitro</i> proliferating cells)
<b>Sensitivity</b>	<ul style="list-style-type: none"> <li>In <b>apoptosis</b>, the ELISA allows the detection of BrdU-labeled DNA fragments in the cytoplasmic fraction of <math>1 \times 10^3</math> cells/well.</li> <li>In <b>cell-mediated cytotoxicity</b>, the ELISA allows the detection of BrdU-labeled fragments in the supernatant of <math>2 \times 10^3</math> target cells/well.</li> </ul>
<b>Specificity</b>	<ul style="list-style-type: none"> <li>The <b>anti-DNA antibody</b> binds to single- and double-stranded DNA. It does not cross-react with BrdU.</li> <li><b>Anti-BrdU-POD, Fab fragments</b>, bind to BrdU incorporated into DNA after denaturation of the DNA. There is no cross-reactivity with other cellular components, such as thymidine or uridine.</li> </ul>
<b>Assay time</b>	4.5 – 5.5 hours

## 5. Kit contents and preparation of working solutions

Bottle/ Cap	Label	Content	Working Solution	Reconstitution/ Preparation of working solution	Stability of working solution	For use in
1 white	Anti-DNA antibody	Monoclonal antibody from mouse (clone MCA-33); lyophilized; stabilized	Solution 1	Reconstitute lyophilizate in 1 ml redist. water for 10 min at +15 to +25°C, and mix well	stable for 6 months at +2 to +8°C	Solution 3
2 red	Anti- BrdU- peroxidase	Monoclonal antibody from mouse (clone BMG 6H8, Fab-fragment), conjugated with peroxidase; lyo- philized; stabilized	Solution 2	Reconstitute lyophilizate in 1 ml redist. water for 10 min at +15 to +25°C and mix well	stable for 6 months at +2 to +8°C	Solution 6
3 white	Coating buffer, 10×	6 ml solution		• For 1 ×: Dilute 1 ml of 10× coating buffer with 9 ml redist. water	unstable, prepare immediately before use	Solution 3
			Solution 3	• Shortly before use, dilute 0.2 ml of reconstituted anti-DNA antibody (solu- tion 1) with 9.8 ml 1× coating buffer	unstable, prepare immediately before use	• Procedure for coating of MPs ( <i>section 7.1</i> )
4 green	Washing buffer, 10×	• 2 bottles each con- taining 100 ml • contains EDTA, Tween 20, and a preservative	Solution 4	• Prewarm 10× washing buffer to +15 to +25°C • For 1×: Dilute 40 ml of 10× washing buffer with 360 ml redist. water, mix well	2 weeks at +2 to +8°C	• Procedure for coating of MPs ( <i>section 7.1</i> ) • Procedure for ELISA and photometric measurement ( <i>section 7.2</i> ) • Solution 6
			Solution 6	Dilute 0.2 ml anti-BrdU- peroxidase antibody (solution 2) with 9.8 ml 1× washing buffer (solution 4)	unstable; prepare immediately before use	• Procedure for ELISA and photometric measurement ( <i>section 7.2</i> )
5 red	Incubation buffer, 2×	• 125 ml solution • contains BSA, EDTA, Tween 20, and a preservative	Solution 5	• Prewarm 2× incubation buffer to +15 to +25°C • For 1×: Dilute 20 ml of 2× incubation buffer with 20 ml redist. water, mix	2 weeks at +2 to +8°C	• Procedure for coating of MPs ( <i>section 7.1</i> ) • Procedure for characterization of cell death ( <i>section 6.2</i> ) • Procedure for measur- ing apoptosis ( <i>section</i> <i>6.3</i> )
6 red	Substrate solution	• 55 ml TMB solution • ready-to-use		undiluted stock solution		• Procedure for ELISA and photometric measurement ( <i>section 7.2</i> )
7 red	BrdU labeling reagent, 1000 ×	1 ml 10 mM 5'-bromo-2'-deoxy- uridine in PBS, pH 7.4, sterile	Solution 7	For 1 mM: Dilute 0.9 ml 1000 × BrdU labeling reagent with 8.1 ml sterile PBS or culture medium	• 3 months at +2 to +8°C, or • stable for sev- eral years at -15 to -25°C, • store protected from light!	• Procedure for labeling of the cells ( <i>section 6.1</i> )
8	Adhesive cover foils	10 sheets				

## 5.1 Additional required solutions and equipment

Solution	Preparation	Stability	For use in
Solution 8: Stop solution	Add 560 $\mu$ l conc. $H_2SO_4$ (95 – 97 %) to 8 ml ice-cold redist. water, mix well, and make up to 10 ml	stable for a minimum of one year at +15 to +25°C	Procedure for ELISA and photometric measurement ( <i>section 7.2</i> )
Solution 9: Exonuclease III solution	<ul style="list-style-type: none"> <li>Prepare 1<math>\times</math> nuclease reaction buffer: 66 mM Tris, 0.66 mM <math>MgCl_2</math>, 1 mM 2-mercaptoethanol, pH 8.0</li> <li>Dilute exonuclease III with 1 <math>\times</math> nuclease reaction buffer to a final concentration of 10 U/ml</li> </ul>	unstable; prepare immediately before use	Procedure for ELISA and photometric measurement ( <i>section 7.2</i> )
Solution 10: 1% Triton X-100	For 1 $\times$ : Dilute 1 ml 10% Triton X-100 with 8 ml redist. water, mix well, and make up to 10 ml	unstable; prepare immediately before use	Procedures for positive control ( <i>section 6.5</i> )
Solution 11: 0.25 M NaOH	Dissolve 100 mg NaOH in 8 ml redist. water, mix well, and make up to 10 ml	unstable; prepare immediately before use	Procedures for positive control ( <i>section 6.5</i> )
Solution 12: 0.25 M HCl	Add 208.4 $\mu$ l conc. HCl (37%) to 8 ml ice-cold redist. water, mix well, and make up to 10 ml	stable for a minimum of one year at +15 to +25°C	Procedures for positive control ( <i>section 6.5</i> )
Solution 13: 0.2 M $K_2HPO_4$	Dissolve 3.48 g $K_2HPO_4$ in 80 ml redist. water, mix well, and make up to 100 ml	stable for a minimum of one year when stored frozen at –15 to –25°C	Procedures for positive control ( <i>section 6.5</i> )
Solution 14: 0.2 M $KH_2PO_4$	Dissolve 2.72 g $KH_2PO_4$ in 80 ml redist. water, mix well, and make up to 100 ml	stable for a minimum of one year when stored frozen at –15 to –25°C	Procedures for positive control ( <i>section 6.5</i> )
Solution 15: 0.2 M $K_2HPO_4$ / $KH_2PO_4$ pH 7.0	To prepare solution 15, add solution 14 to solution 13 until a pH of 7 is adjusted. Adjust pH of solution 13 by adding solution 14 to a pH of 7.0.	stable for a minimum of one year when stored frozen at –15 to –25°C	Procedures for positive control ( <i>section 6.5</i> )

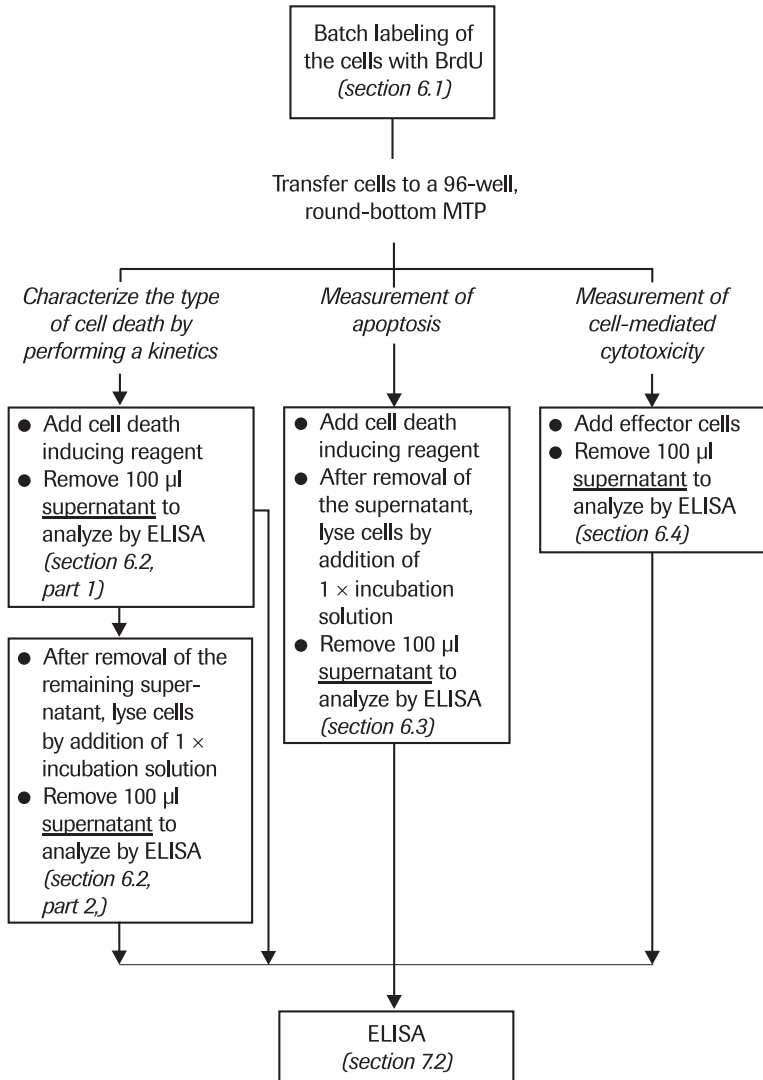
### Equipment

- Microplates (MP), (*e.g.*, Nunc-1-Immuno-Maxisorp made by Nunc, clear):
- round-bottom MP (*section 6.1 – 6.5*)
- flat-bottom MP (*section 7.1 – 7.2*)
- MP reader
- MP shaker



## 6. Preparation of the samples

### Flow chart



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## 6.1 Procedure for labeling of the cells

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### Batch labeling procedure with BrdU

Step	Action
1	Adjust cell number to $2 - 4 \times 10^5$ cells/ml culture medium
2	Add BrdU labeling solution (solution 7) to a final concentration of 10 $\mu$ M
3	Incubate for 2 hours (up to overnight) at +37°C <b>Note:</b> Labeling time strongly depends on the cell type and the stage of cell culture! (recommended time: 2 - 20 hours)
4	Centrifuge for 10 min at $250 \times g$
5	Carefully and thoroughly remove the BrdU-containing culture medium
6	<ul style="list-style-type: none"><li>• Resuspend cells in BrdU-free culture medium</li><li>• Final concentration: <math>2 \times 10^5</math> cells/ml for measuring cell-mediated cytotoxicity, or <math>1 \times 10^5</math> cells/ml for all other applications</li></ul>

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## 6.2 Procedure for characterization of cell death

### Principle

This procedure consists of two parts:

**Part 1:** The supernatant is analyzed, which will contain DNA fragments

- at early stages of necrosis, and
- at late stages of apoptosis.

**Part 2:** The remaining cells are lysed in order to release apoptotic DNA fragments located in the cytoplasm.

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### Part 1

This table describes how to sample the supernatant from the labeled cells.

Step	Action
1	Pipette 100 $\mu$ l of BrdU-labeled cells in culture medium ( $1 \times 10^5$ cells/ml, from <i>section 6.1</i> ) into duplicate wells of a 96-well, round-bottom MP
2	Add an additional 100 $\mu$ l cell culture medium, containing an appropriate amount of apoptosis inducing reagent, per well
3	Incubate at +37°C in a humidified atmosphere (5% CO <sub>2</sub> ) for an appropriate period of time (1 – 6 hours)
4	Centrifuge for 10 min at 250 $\times g$
5	Remove 100 $\mu$ l of the supernatant to analyze in the ELISA procedure ( <i>section 7.2</i> ) <b>Note:</b> The sample can be stored at –15 to –25°C for up to three days

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### Part 2

This table describes how to continue with the remaining cells in order to obtain the DNA fragments from the cytoplasm.

Step	Action
1	• Carefully and thoroughly remove the remaining supernatant
2	• Add 200 $\mu$ l 1 $\times$ incubation solution (solution 5) per well to lyse the cells • Incubate for 30 min at +15 to +25°C
3	Centrifuge for 10 min at 250 $\times g$
4	Remove 100 $\mu$ l of the supernatant to analyze in the ELISA procedure ( <i>section 7.2</i> ) <b>Note:</b> The sample can be stored at –15 to –25°C for up to three days

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### 6.3 Procedure for measuring apoptosis

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#### Procedure for extraction of cytoplasmic DNA fragments

This table describes how to extract apoptotic DNA fragments from the cytoplasm.

**Note:** Before applying this procedure, characterize the type of cell death occurring as apoptosis by "Procedure for characterization of the type of cell death" and/or by other methods (11) (*e.g.*, morphology of the cells, DNA ladder)!

Step	Action
1	Pipette 100 $\mu$ l of BrdU-labeled cells in culture medium ( $1 \times 10^5$ cells/ml, from <i>section 6.1</i> ) into duplicate wells of a 96-well, round-bottom MP
2	Add 100 $\mu$ l cell culture medium containing an appropriate amount of apoptosis-inducing agent per well
3	Incubate at +37°C in a humidified atmosphere (5% CO <sub>2</sub> ) for an appropriate period of time (1 – 6 hours)
4	Centrifuge 10 min at 250 $\times g$
5	Carefully and thoroughly remove the supernating culture medium
6	<ul style="list-style-type: none"><li>• Add 200 <math>\mu</math>l 1<math>\times</math> incubation solution (solution 5) per well to lyse the cells</li><li>• Incubate 30 min at +15 to +25°C</li></ul>
7	Centrifuge 10 min at 250 $\times g$
8	Remove 100 $\mu$ l/well of the supernatant to analyze in the ELISA procedure ( <i>section 7.2</i> ) <b>Note:</b> The sample can be stored at –15 to –25°C for up to three days

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### 6.4 Procedure for measuring cell-mediated cytotoxicity

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#### Procedure for measuring cell mediated cytotoxicity

This table describes how to extract BrdU-labeled DNA fragments from the supernatant released by dead target cells.

Step	Action
1	Pipette 100 $\mu$ l BrdU-labeled target cells in culture medium ( $2 \times 10^5$ cells/ml, from <i>section 6.1</i> ) into duplicate wells of a 96-well, round-bottom MP
2	<ul style="list-style-type: none"><li>• Add an additional 100 <math>\mu</math>l culture medium, containing an appropriate number of effector cells, per well (recommended ratio of effector to target cells: 0.01 – 10)</li><li>• <b>Negative Control:</b> Pipet 100 <math>\mu</math>l culture medium into different duplicate wells of a 96-well, round-bottom MP to determine spontaneous release of DNA fragments</li></ul>
3	Incubate for 1 – 6 hours at +37°C in a humidified atmosphere (5% CO <sub>2</sub> )
4	Centrifuge for 10 min at 250 $\times g$
5	Remove 100 $\mu$ l of the supernatant to analyze in the ELISA procedure ( <i>section 7.2</i> ) <b>Note:</b> The sample can be stored at –15 to –25°C for up to three days

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## 6.5 Procedures for positive control

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### Introduction

For determining the amount of BrdU incorporated into genomic DNA, it is imperative to denature the full-length DNA for quantitative solubilization!

Two methods may be applied:

Method 1: Solubilization of genomic DNA by endogenous nucleases

Method 2: Solubilization of genomic DNA by NaOH treatment

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### Method 1

This method is based on the fact that most cells contain endogenous nucleases.

After cell lysis, these nucleases will be activated by  $\text{Ca}^{2+}$ - and  $\text{Mg}^{2+}$ -ions contained in the culture medium and will partially solubilize the DNA.

**Note:** Depending on the cell line, the level of endogenous nucleases will vary and may result in poor fragmentation and subsequent solubilization and therefore may not be quantitative.

Step	Action
1	Pipette 100 $\mu\text{l}$ of BrdU-labeled cells in culture medium ( $1 \times 10^5$ cells/ml, from <i>section 6.1</i> ) into a well of a 96-well, round-bottom MP
2	Add 100 $\mu\text{l}$ redist. water containing 1% Triton X-100 (solution 10)
3	Incubate cells for the same time as for the cellular assay at $+37^\circ\text{C}$ ( <i>section 6.2 – 6.4</i> )
4	Centrifuge for 10 min at $250 \times g$
5	Remove 100 $\mu\text{l}$ of supernatant for analysis by ELISA ( <i>section 7.2</i> )

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### Method 2

Genomic DNA is denatured and degraded by NaOH treatment.

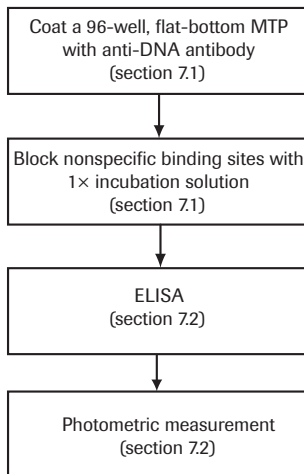
**Note:** DNA solubilization by NaOH differs from all physiological nuclease cleavage during apoptosis, necrosis, and cell-mediated cytotoxicity. It provides a maximal amount of degraded DNA and a maximal value. This artificial method of degradation will not be obtained physiologically.

Step	Action
1	Transfer 500 $\mu\text{l}$ of BrdU-labeled cells in culture medium ( $1 \times 10^5$ cells/ml, from <i>section 6.1</i> ) to a 1.5 ml-reaction tube
2	Centrifuge for 5 min at $250 \times g$
3	Discard supernatant
4	<ul style="list-style-type: none"><li>• Add 125 <math>\mu\text{l}</math> 0.25 M NaOH (solution 11)</li><li>• Incubate for 30 min at <math>+15</math> to <math>+25^\circ\text{C}</math></li></ul>
5	<ul style="list-style-type: none"><li>• Add 125 <math>\mu\text{l}</math> 0.25 M HCl (solution 12)</li><li>• Add 250 <math>\mu\text{l}</math> 0.2 M <math>\text{K}_2\text{HPO}_4/\text{KH}_2\text{PO}_4</math>, pH 7 (solution 15)</li></ul>
6	<ul style="list-style-type: none"><li>• Centrifuge 5 min at <math>11,000 \times g</math></li></ul>
7	<ul style="list-style-type: none"><li>• Remove 400 <math>\mu\text{l}</math> of supernatant, and titrate in the ELISA (<i>section 7.2</i>)</li></ul> <p><b>Note:</b> For dilution, use the incubation solution (solution 5).</p>

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## 7. ELISA and photometric measurement

### Flow chart



### 7.1 Procedure for coating of the MPs

#### Coating procedure

This table describes how to coat the MP with the anti-DNA-antibody.

Step	Action								
1	Pipette 100 $\mu$ l anti-DNA coating solution (solution 3) into each well of a 96-well, flat-bottom MP								
2	Performing the coating <table border="1" data-bbox="364 925 1034 1215"> <thead> <tr> <th>If you want to...</th> <th>then...</th> </tr> </thead> <tbody> <tr> <td>proceed with the assay on the same day</td> <td>incubate for 1 hour at +37°C</td> </tr> <tr> <td>proceed with the assay on the next day</td> <td>cover the MP with an adhesive cover foil, and incubate overnight at +2 to +8°C</td> </tr> <tr> <td>store the coated MP for up to 1 week</td> <td> <ul style="list-style-type: none"> <li>• incubate for 1 hour at +37°C</li> <li>• remove the coating solution by aspirating</li> <li>• cover the MP with an adhesive cover foil</li> <li>• store at +2 to +8°C</li> <li>• proceed with step 1 of the "Blocking procedure"</li> </ul> </td> </tr> </tbody> </table>	If you want to...	then...	proceed with the assay on the same day	incubate for 1 hour at +37°C	proceed with the assay on the next day	cover the MP with an adhesive cover foil, and incubate overnight at +2 to +8°C	store the coated MP for up to 1 week	<ul style="list-style-type: none"> <li>• incubate for 1 hour at +37°C</li> <li>• remove the coating solution by aspirating</li> <li>• cover the MP with an adhesive cover foil</li> <li>• store at +2 to +8°C</li> <li>• proceed with step 1 of the "Blocking procedure"</li> </ul>
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proceed with the assay on the same day	incubate for 1 hour at +37°C								
proceed with the assay on the next day	cover the MP with an adhesive cover foil, and incubate overnight at +2 to +8°C								
store the coated MP for up to 1 week	<ul style="list-style-type: none"> <li>• incubate for 1 hour at +37°C</li> <li>• remove the coating solution by aspirating</li> <li>• cover the MP with an adhesive cover foil</li> <li>• store at +2 to +8°C</li> <li>• proceed with step 1 of the "Blocking procedure"</li> </ul>								
3	Remove the coating solution by aspirating away the buffer. Alternatively, the MP may be inverted and tapped gently on a paper towel. Proceed with "Blocking procedure".								

**Blocking procedure**

After the MP has been coated with the anti-DNA-antibody, nonspecific binding sites are blocked by the following procedure.

Step	Action
1	<ul style="list-style-type: none"> <li>• Add 200 <math>\mu\text{l}</math> of 1 <math>\times</math> incubation solution (solution 5)</li> <li>• Cover the MP with an adhesive cover foil</li> <li>• Incubate 30 min at +15 to +25°C</li> </ul>
2	Remove the incubation solution by aspirating or inverting
3	Wash the wells three times with 250 – 300 $\mu\text{l}$ of washing solution (solution 4) for 2 – 3 min each
4	<ul style="list-style-type: none"> <li>• Remove the washing solution by aspirating or inverting</li> <li>• Proceed with <i>section 7.2</i></li> </ul>

**7.2 Procedure for ELISA and photometric measurement**

**Protocol for ELISA Procedure**

This table describes how to detect BrdU-labeled DNA fragments in the samples.

Step	Action						
1	Transfer the 100 $\mu\text{l}$ of a sample obtained in <i>sections 6.2 – 6.5</i> into a well of the precoated 96-well, flat-bottom MP ( <i>section 7.1</i> )						
2	<ul style="list-style-type: none"> <li>• Cover the MP tightly with an adhesive cover foil</li> <li>• Incubate 90 min at +15 to +25°C or overnight at +2 to +8°C</li> </ul>						
3	Remove the solution by aspirating or inverting						
4	Wash the wells three times with 250 – 300 $\mu\text{l}$ washing solution (solution 4) for 2 – 3 min per wash						
5	Fixing and Denaturing of DNA <table border="1" style="width: 100%; margin-top: 10px;"> <thead> <tr> <th>If you want to..</th> <th>then...</th> </tr> </thead> <tbody> <tr> <td>fix and denature the DNA by microwave irradiation</td> <td> <ul style="list-style-type: none"> <li>• leave the washing solution in the well after the last wash-step in step 4</li> <li>• place the uncovered MP in a microwave oven</li> <li>• also place a 500 ml beaker containing 300 ml water in the microwave oven</li> <li>• irradiate for 5 min on medium power (500 W)</li> <li>• cool down the MP for approx. 10 min at -15 to -25°C</li> <li>• remove the fluid by aspirating or inverting</li> </ul> </td> </tr> <tr> <td>fix and denature the DNA by nuclease treatment</td> <td> <ul style="list-style-type: none"> <li>• Pipette 100 <math>\mu\text{l}</math> exonuclease III solution (solution 9) per well</li> <li>• cover the MP tightly with an adhesive cover foil</li> <li>• incubate for 30 min at +37°C</li> <li>• remove the solution by aspirating or inverting</li> <li>• wash the plate as described in step 4</li> </ul> </td> </tr> </tbody> </table>	If you want to..	then...	fix and denature the DNA by microwave irradiation	<ul style="list-style-type: none"> <li>• leave the washing solution in the well after the last wash-step in step 4</li> <li>• place the uncovered MP in a microwave oven</li> <li>• also place a 500 ml beaker containing 300 ml water in the microwave oven</li> <li>• irradiate for 5 min on medium power (500 W)</li> <li>• cool down the MP for approx. 10 min at -15 to -25°C</li> <li>• remove the fluid by aspirating or inverting</li> </ul>	fix and denature the DNA by nuclease treatment	<ul style="list-style-type: none"> <li>• Pipette 100 <math>\mu\text{l}</math> exonuclease III solution (solution 9) per well</li> <li>• cover the MP tightly with an adhesive cover foil</li> <li>• incubate for 30 min at +37°C</li> <li>• remove the solution by aspirating or inverting</li> <li>• wash the plate as described in step 4</li> </ul>
If you want to..	then...						
fix and denature the DNA by microwave irradiation	<ul style="list-style-type: none"> <li>• leave the washing solution in the well after the last wash-step in step 4</li> <li>• place the uncovered MP in a microwave oven</li> <li>• also place a 500 ml beaker containing 300 ml water in the microwave oven</li> <li>• irradiate for 5 min on medium power (500 W)</li> <li>• cool down the MP for approx. 10 min at -15 to -25°C</li> <li>• remove the fluid by aspirating or inverting</li> </ul>						
fix and denature the DNA by nuclease treatment	<ul style="list-style-type: none"> <li>• Pipette 100 <math>\mu\text{l}</math> exonuclease III solution (solution 9) per well</li> <li>• cover the MP tightly with an adhesive cover foil</li> <li>• incubate for 30 min at +37°C</li> <li>• remove the solution by aspirating or inverting</li> <li>• wash the plate as described in step 4</li> </ul>						
6	<ul style="list-style-type: none"> <li>• add 100 <math>\mu\text{l}</math> of anti-BrdU-POD conjugate solution (solution 6) per well</li> <li>• cover the MP tightly with an adhesive cover foil</li> <li>• incubate 90 min at +15 to +25°C or overnight at +2 to +8°C</li> </ul>						
7	<ul style="list-style-type: none"> <li>• Wash as described in step 4</li> <li>• Continue with photometric measurement</li> </ul>						

*continued on next page*

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## 7.2 Procedure for ELISA and photometric measurement, continued

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### Procedure for photometric measurement

The values can be measured either at 370 nm or at 450 nm.

**Note:** Measurement at 450 nm will result in a 2 – 3 fold increase of O.D. values, but does not allow the kinetic of color development to be followed.

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Step	Action						
1	Pipette 100 $\mu$ l substrate solution into each MP well used						
2	Photometric measure/Taking readings <table border="1"><thead><tr><th>If you want to...</th><th>then...</th></tr></thead><tbody><tr><td>measure at 450 nm (reference wavelength 690 nm)</td><td><ul style="list-style-type: none"><li>incubate in the dark on a MP shaker until color development is sufficient</li><li>add 25 <math>\mu</math>l stop solution (solution 8) per well</li><li>incubate 1 min on the shaker</li><li>measure within 5 minutes after adding stop solution</li></ul><b>Note:</b> Color will begin to fade after 5 min!</td></tr><tr><td>measure at 370 nm (reference wavelength 492 nm)</td><td><ul style="list-style-type: none"><li>DO NOT add stop solution!</li><li>measure the absorbance at specific time points after substrate solution has been added (<i>i.e.</i>, every 30 s) to follow the kinetics of color development</li></ul></td></tr></tbody></table>	If you want to...	then...	measure at 450 nm (reference wavelength 690 nm)	<ul style="list-style-type: none"><li>incubate in the dark on a MP shaker until color development is sufficient</li><li>add 25 <math>\mu</math>l stop solution (solution 8) per well</li><li>incubate 1 min on the shaker</li><li>measure within 5 minutes after adding stop solution</li></ul> <b>Note:</b> Color will begin to fade after 5 min!	measure at 370 nm (reference wavelength 492 nm)	<ul style="list-style-type: none"><li>DO NOT add stop solution!</li><li>measure the absorbance at specific time points after substrate solution has been added (<i>i.e.</i>, every 30 s) to follow the kinetics of color development</li></ul>
If you want to...	then...						
measure at 450 nm (reference wavelength 690 nm)	<ul style="list-style-type: none"><li>incubate in the dark on a MP shaker until color development is sufficient</li><li>add 25 <math>\mu</math>l stop solution (solution 8) per well</li><li>incubate 1 min on the shaker</li><li>measure within 5 minutes after adding stop solution</li></ul> <b>Note:</b> Color will begin to fade after 5 min!						
measure at 370 nm (reference wavelength 492 nm)	<ul style="list-style-type: none"><li>DO NOT add stop solution!</li><li>measure the absorbance at specific time points after substrate solution has been added (<i>i.e.</i>, every 30 s) to follow the kinetics of color development</li></ul>						

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## 8. Typical results

### Introduction

The following figures show typical results when using this kit to:

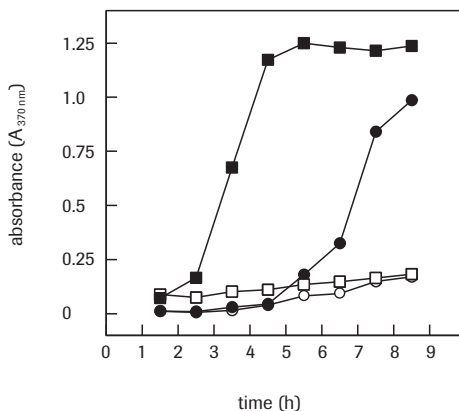
- Characterize the type of cell death
- Measure apoptosis
- Measure cell-mediated cytotoxicity

### Characterization of type of cell death

The Cellular DNA Fragmentation ELISA enables the measurement of DNA fragments in the cell cytoplasm (lysate) and the culture supernatant (SN).

Figure 2 shows that, upon increased time of exposure to the apoptosis-inducing agent camptothecin (CAM), DNA fragments appear first in the cell lysate. No BrdU-labeled DNA fragments were detected in the supernatant during the first 4 hours after cell death induction, indicating that DNA fragmentation occurred prior to plasma membrane lysis.

**Conclusion:** Cell death due to apoptosis. Necrotic cells would have released DNA fragments into the supernatant at very early stages of cell death.



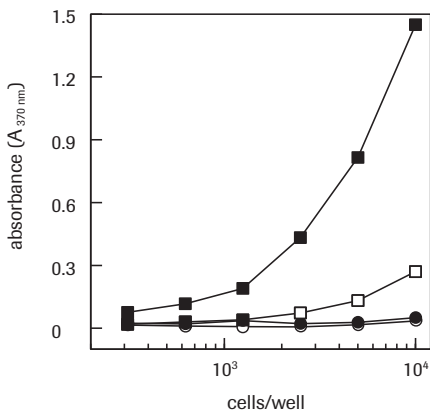
**Fig.2: Kinetics of CAM-induced apoptotic cell death in HL60 cells.**  $10^4$  BrdU-labeled cells/well were incubated either in the presence of 200 ng/ml CAM (■, ●), or in the absence of CAM (□, ○) for 1 to 8 hours at +37°C. After the times indicated, 100  $\mu$ l/well supernatant (●, ○) and 100  $\mu$ l/well lysate (■, □) were removed and tested by ELISA.

*continued on next page*

## 8. Typical results, Continued

### Measuring Apoptosis

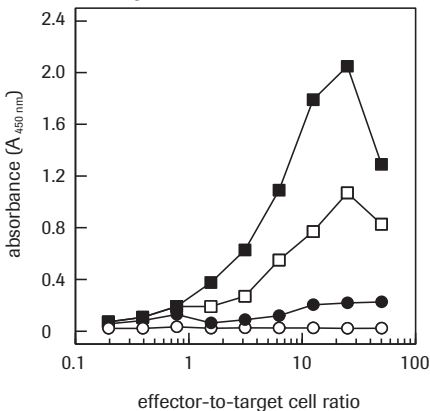
Figure 3 shows sensitive detection of nucleosomes in the cytoplasmic fractions at different cell concentrations.



**Fig. 3: Measuring apoptosis with the Cellular DNA Fragmentation ELISA.** BrdU-labeled HL60 cells were cultured at different concentrations in the presence of 200 ng/ml CAM (■, ●) or in the absence of CAM (□, ○) for 3 hours at +37°C. After incubation, supernatants (●, ○) and lysates (■, □) were tested by ELISA.

### Measuring Cell-mediated cytotoxicity

Effects of inducing agent or effector cell concentration can be measured over time. Typical results are shown in Figure 4 below.



**Fig. 4: Kinetics of CTL mediated cytotoxicity in P815 target cells.**  $2 \times 10^4$  BrdU-labeled target cells /well were incubated with CTLs at different effector-to-target cell ratios (E/T) for 1 hours (○), 2 hours (●), 4 hours (□), and 6 hours (■), respectively. After incubation, 100  $\mu$ l/well supernatant was removed and tested by ELISA.

## 9. Appendix

### 9.1 Troubleshooting

Symptom	Possible Cause	Recommendation
Low absorbance value from positive control ( <i>section 6.5, Method 2, Solubilization by NaOH</i> )	• Doubling time of cell line is >30 hours	• Increase the number of cells/well to $2 - 3 \times 10^4$ • Increase labeling time to 24 hours
	• Filter wavelength is not suitable	• Suitable wavelength is discussed in <i>section 7.2</i>
Low signal of positive control ( <i>section 6.5, Method 1, Solubilization by endogenous nucleases</i> )	• Endonucleases require $\text{Ca}^{2+}$ and $\text{Mg}^{2+}$ for activity	• Add 5 mM $\text{Ca}^{2+}$ and 10 mM $\text{Mg}^{2+}$
	• Cell line has low endogenous levels of nuclease	• Try solubilization by NaOH method ( <i>section 6.5, Method 2</i> )
	• Microwave irradiation is too high or too low	• Try a different microwave oven • Try solubilization by NaOH ( <i>section 6.5, Method 2</i> )
Low signal of samples, high signal of positive control	• No apoptosis	• Increase concentration of apoptosis-inducing agent • Prolong incubation time of apoptosis-inducing reagent
High signal in untreated samples and high signal of positive control	• Cells died spontaneously	• Check condition for cell culture
	• Cell density is too high	• Reduce number of cells per well
	• Cells have a fast doubling time	• Reduce labeling time
Low reproducibility between duplicate cultures	• Insufficient lysis of individual cells	• Cells should be completely dispersed and resuspended during lysis step
	• Nuclear DNA pellet was disturbed during supernatant removal after lysis	• Recentrifuge with higher speed, and remove supernatant more carefully
	• Solution in wells evaporating by excessive irradiation	• Use at least 300 ml water in a beaker to absorb the excess energy from microwave oven and to keep atmosphere humidified. Take care that the washing solution does not boil (check after irradiation for 2 min).

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## 9.2 References

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- 2 Miller, M. R. *et al.* (1986) *J. Immunol.* **136**, 1791–1795.

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- 4 Muir, D. *et al.* (1990) *Anal. Biochem.* **185**, 377–382.
- 5 Hong, P. L. T. *et al.* (1991) *J. Immunol. Methods* **140**, 243–248.

- **Cell death**

- 6 Berke, G. (1991) *Immunol. Today* **12**, 396–399.
- 7 Curnow, S. J. (1993) *Cancer Immunol. Immunother.* **36**, 149.
- 8 Wyllie, A. H. *et al.* (1980) *Int. Rev. Cytol.* **68**, 251.
- 9 Gougeon, M. L. & Montagnier, L. (1993) *Science* **260**, 1269.
- 10 Martin, D. P. *et al.* (1993) *J. Neurobiol.* **23**, 1205.
- 11 Wyllie, A. H. (1980) *Nature* **284**, 555.
- 12 Van Furth, R. & Van Zweet, T. L. (1988) *J. Immunol. Methods* **110**, 45.

## 9.3 Changes to Previous Version

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- Editorial Changes

## 9.4 Ordering Information

Apoptosis-specific physiological change	Detection method:	Product:	Cat. No.
<b>DNA fragmentation</b>	<ul style="list-style-type: none"> <li>• Gel Electrophoresis</li> <li>• <i>In situ</i> assay</li> </ul>	<ul style="list-style-type: none"> <li>• Apoptotic DNA-Ladder Kit</li> <li>• <i>In Situ</i> Cell Death Detection Kit, TMR red</li> <li>• <i>In Situ</i> Cell Death Detection Kit, Fluorescein</li> <li>• <i>In Situ</i> Cell Death Detection Kit, AP</li> <li>• <i>In Situ</i> Cell Death Detection Kit, POD</li> </ul> <p><b>Single reagents for TUNEL and supporting reagents:</b></p> <ul style="list-style-type: none"> <li>• TUNEL AP</li> <li>• TUNEL POD</li> <li>• TUNEL Enzyme</li> <li>• TUNEL Label</li> </ul>	11 835 246 001 12 156 792 910 11 684 795 910 11 684 809 910 11 684 817 910
	<ul style="list-style-type: none"> <li>• ELISA</li> </ul>	<ul style="list-style-type: none"> <li>• Cell Death Detection ELISA<sup>PLUS</sup></li> <li>• Cell Death Detection ELISA<sup>PLUS</sup>, 10×</li> <li>• Cellular DNA Fragmentation ELISA</li> </ul>	11 772 457 001 11 772 465 001 11 767 305 001 11 767 291 910 11 774 425 001 11 920 685 001 11 585 045 001
<b>Cell membrane alterations</b>	<ul style="list-style-type: none"> <li>• Microscopy or FACS</li> </ul>	<ul style="list-style-type: none"> <li>• Annexin-V-FLUOS</li> <li>• Annexin V FLUOS Staining Kit</li> </ul>	11 828 681 001 11 858 777 001
<b>Enzymatic activity</b>	<ul style="list-style-type: none"> <li>• Western Blot</li> </ul>	<ul style="list-style-type: none"> <li>• Anti-Poly(ADP-Ribose) Polymerase</li> </ul>	11 835 238 001
	<ul style="list-style-type: none"> <li>• <i>In situ</i> Assay</li> </ul>	<ul style="list-style-type: none"> <li>• M30 CytoDEATH (formalin grade)</li> </ul>	12 140 322 001

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## 9.5 Trademarks

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## 9.6 Regulatory Disclaimer

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List of biochemical reagent products

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